

Questions to Take to Your Provider

Is type 2 diabetes reversible?

Am I still producing insulin?

Why do some diabetics need insulin if their own bodies are making insulin?

Does taking insulin cause weight gain?

If I am taking insulin what should I do if my blood sugar drops too low?

What can I do about high blood sugars besides taking my medicine as prescribed?

Should I take my medicines for diabetes if I am vomiting and unable to eat and drink?

Is diabetes a risk factor for developing other diseases or medical conditions?

Are there other medical specialists that I should see now that I have been diagnosed with diabetes?

How does exercise help control my diabetes?

How does diet help control my diabetes?

Why does losing weight help in controlling my diabetes?

Why are foot injuries such as cuts from toenail trimming or stepping on something dangerous for a diabetic?

What symptoms should prompt me to call you for instructions or go to an Emergency Room?

Are there diabetes education classes that you can send me to?

What range should my blood sugar levels be within?

What is the range of Hemoglobin A1C for diabetics?

What kind of laboratory tests will I need, why do I need them, and how often will they be performed?

How often do I need an electrocardiogram to look for problems with my heart since diabetes and heart disease are linked?